

NORTH SALEM COUNSELING PLAN - GRADES 6-12
GPS FOR STUDENT SUCCESS

LEVEL I							LEVEL II		LEVEL III	
Grade	Large Group/Classroom	Individual Meeting/Counseling	Tasks on Own	Capstone Tasks	Small Group or Individual Tasks & Optional Seminars	Individual Services				
6	Advisory Resiliency Screener Study Skills Test Prep & Celebration Transition Check-in Dangers of Social Media The Power of Words (Being Kind) What To Do If Someone You Know is Having a Hard Time Introducing Family Connection	Support Services : Referral as needed Non-Mandated counseling	Reflection on Individual Goals Participation in clubs/activities		Targeted counseling groups -Anxiety -Building Resiliency -Changing Families -Executive Functions -New Student Group -Social Skills -Friendship Lunch Group	Counseling Improvement Plans Psychological Assessments Reflection on Goals				
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7	Advisory Executive Function Lesson Plans Planning for next year-course selection	Support Service and referrals as needed Non-Mandated counseling	Reflection on Individual Goals		Targeted counseling groups -Anxiety -Changing Families -Executive Functions -Building Resiliency & Social Competence	Counseling Improvement Plans Psychological Assessments Reflection on Goals				

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8	Introduction to HS – classroom presentation Elective Rotation for HS Cyberbullying <i>8th grade Preparing for 9th Grade Parent Night</i> <i>Family Connection</i> - Create health, personal, academic and career goals	Support Services Referrals as needed Non-Mandated counseling Course selection for 9 th grade with parents	Participation in clubs and activities	Careers Project	Targeted Counseling Groups: -Anxiety -Changing Families -Executive Functioning -Building Social Competence New Student IEP Goal review and discuss goals Specialized support	Counseling Psychological Assessments Mandated counseling

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9	Executive Function Lesson Plans Freshman Orientation Set goals –academic, personal, health and career Create high school goals/BOCES/college talk Time management Study habits Build resume Goal setting Safe dating/healthy relationships Career project <i>Family Connection</i>	Support Service Referrals Support students on individual need basis Non-Mandated counseling Course selection for 10 th grade	Participate in school activities, clubs, and athletics Add activities to <i>Family Connection</i> <i>Who Would I Turn To?</i>	GOP cards (every 5 weeks) Career project in Freshmen Seminar	Targeted Counseling Groups : -Anxiety -Executive Functioning -Building Social Competence New Student Group <u>IEP transition</u> -review IEP goals -participate in PPT -register for College Board accommodations -meeting with all students to discuss the next year and review current year Lead coordinator for 504 students	Psychological Assessments Mandated Counseling
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10	Career Fair <i>10th Grade Parent Night</i> Health class - 2 sessions Career interest profiler Career cluster Set goals: academic, person, health Build resume BOCES presentations Suicide Prevention unit (Association for Suicide Prevention film) Meet your counselor/PSATs <i>Financial Aid Night</i>	Course Selection Grade 11 Support Services and referrals, as needed Course planning for 11 th and 12 th grades Goal setting review BOCES Tech Tour Non-Mandated counseling	Participate clubs/activities PSAT AP Exams SAT Subject Tests Career cluster finder Career Fair reflection Practice ACT College Panel Community Service BOCES Tour with parents Summer programs -Pre-college/ leadership <i>Who Would You Turn To?</i>	Wellness Project	ACCES-VR presentation <u>IEP/504 Transition</u> -review IEP and goals -participate in annual review -discuss summer opportunities Anxiety Group New Student Group Bereavement Group Social Competence Group	Consider application to adult service providers: -OPWDD -Front Door -ACCES-VR Mandated counseling

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11	Road Map meeting (10 th and 11 th Grade parents) College Panel <i>Looking Ahead to Senior Year</i> Parent evening presentation Standardized testing presentation <i>Financial Aid</i> Parent evening presentation	Course selection for 12 th grade Return PSAT and explain results Junior Interviews (Post HS planning, information, support) Goal setting and Goal review College Fairs College Search Course selection for Grade 12 Non-Mandated counseling	Resume building Colleges I'm Thinking About – modify College Rep visits Take AP exams Take PSAT Take SAT/Subject tests Take ACT Work experience Community service Participate clubs/activities Set goals: academic, personal, health College Panel College Night (BOCES)		ACCES-VR presentation Review IEP goals Register for ACT/SAT College essays Participate in CSE/504 meetings Interview skills College search Essay writing Job search Financial Aid	Review special needs Apply for services (OPWDD, ACCES-VR) Explore programs for post-high school Mandated counseling

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			Identify/research scholarships			
			Identify letters of rec			
			Pre-college Leadership programs			
			<i>Who Would I Turn To?</i>			

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12	College Application process (OPTIONS class presentation) OPTIONS Senior Internships Mid-year grades <i>Senior Parent Night</i> -college application process -testing Personal Safety/Transition Program <i>Financial Aid Night</i>	Senior meetings (individual, post-high school planning) Supportive Services-referral as needed Goal setting/goal review	Update resume Identify mentors Secure 40-50 hour internship College Rep visits College Night Take SAT/ACT Take SAT Subject Tests Take AP Exams Update college list (<i>Colleges I Am Applying To</i>) Complete applications Essay (college) Work experience Scholarship applications	Senior Internship O.P.T.I.O.N.S. presentations	Essay writing Application Process Resume writing Interview skills Financial aid Using college resources ACCES-VR presentation IEP/504 Transition -review IEP; goals -participate in annual review -return and maintain current documentation of your disability -copies of evaluations, transcripts, latest IEP/504	Individual Services IEP transition ACCES-VR applications OPWDD applications Mandated counseling

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			Get letters of recommendation (complete form)		Social Competence Group	
			FAFSA		Anxiety Group	
			Community Service		New Student Group	
			College Fairs		Bereavement Group	
			Summer Programs			
			<i>Who Would I Turn To?</i>			